

Our luxurious Spa,
your perfect escape

Escape into a world of
relaxation & tranquillity

A Secret Haven...

Spoil yourself
with personalised pampering

Step inside the Alton Towers Spa and find yourself in a blissful oasis of luxurious tranquillity nestled inside the Alton Towers Hotel, the perfect place to let your senses wander and your cares drift away.

Spoil yourself with our complete range of personalised spa treatments, from a revitalising facial to a heavenly massage or aromatic body treatment from Clarins or Elemis. Or let our expert therapists leave you feeling pampered with one of our beauty essentials - including finishing touches from Jessica Nails, St Tropez and i.d. bareMinerals make-up.

Within our Aqua Relaxation Rooms every door opens to reveal a myriad of wonderful surprises. Unwind and refresh mind, body and soul as you wander from the serenity of our pool, to the calm of our Crystal Steam Room, Meditation Room or beautiful Roman Sauna.

How you enjoy our Spa is entirely up to you, we're open all year round so you can visit for the day, indulge in a well-deserved Spa break or pamper yourself with a treatment whilst you're enjoying everything else the Alton Towers Resort has to offer!

Because treatments are personalised,
they must be pre-booked.

Simply call 0871 702 7043
to talk to a Spa receptionist.

Alternatively, visit altontowers.com
to discover more about our Spa.



Terms and conditions: Prices are subject to change without notice. A credit card is needed to secure your booking. The Alton Towers Spa is open to over 16s only, with the exception of those on our Spa bliss package. Cancellation policy - Guests who book Spa packages will be asked to pay a 50% non-refundable deposit at the time of booking. Full payment will be taken if less than 24 hours is given for a cancellation or non arrival on the day. For treatments /Aqua Relaxation Rooms appointments, guests are kindly asked to give 24 hours notice or the full value of the treatment/ Aqua Relaxation Room session will be charged. Alton Towers Resort reserves the right, in its absolute discretion, to refuse entry and to close and/or alter any part of the facilities. Subject to availability. Treatment times include consultation.

Please note, peak time is weekends and during school holidays.

Day packages

Half day pamper package (lunch optional at an additional cost)

Unlimited use of Aqua Relaxation Rooms and a choice of one of the following treatment options:

- Relaxing back, neck and shoulder massage
- Mini facial
- Body exfoliation

£45 mid week
£50 weekends

Pamper day package (light lunch included)

Unlimited use of Aqua Relaxation Rooms and a choice of one of the following treatment options:

- Full body massage
- Clarins or Elemis facial
- Mini facial and a file and polish, hands or feet
- Clarins or Elemis mum's to be treatment

£70 mid week
£75 weekends

Luxury pamper day package (light lunch included)

Unlimited use of Aqua Relaxation Rooms and a choice of one of the following treatment options:

- Luxury manicure or pedicure with a back, neck and shoulder massage and a mini facial
- Relaxing body wrap, with file and polishes for hands and feet
- Full body massage and a Clarins or Elemis facial

£120 mid week
£125 weekends

Pamper day for two (light lunch included)

Unlimited use of Aqua Relaxation Rooms and the following treatments:

- Serial steam and purifying clay treatment for two
- Full body massage

£190 mid week
£200 weekends

Twilight package from 5.30pm (Monday to Friday only)

Unlimited use of Aqua Relaxation Rooms plus a choice of one of the following treatment options:

- Mini facial, body exfoliation or scalp massage

£40

Exclusive Hire is available, please ask for details

For more information visit altontowers.com
or to discuss your requirements and to book call 0871 702 7043

Please be aware we do ask you to arrive for your treatment at least 10 minutes before your scheduled time. This time is for you to prepare yourself for your treatment. To avoid disappointment please pre-book Spa treatments and Aqua Relaxation Rooms prior to your arrival at the Alton Towers Resort. Swimwear is required if you are visiting our Aqua Relaxation Rooms. Towels, robes and slippers are provided. £1 is needed for a locker (refundable).

Aqua Relaxation Rooms

Two 4.5 hour sessions daily

Wander between the pool, hot tub, laconium room and aromatic crystal steam room. Treat yourself to a sauna or sensual, multi sensory shower. De-stress in our meditation room or soothe tired feet with an effervescent footbath.

Please pre-book to avoid disappointment. We provide robes, towels and slippers. Swimwear is required and £1 is needed for a locker, which is refundable. The 4.5 hour sessions are per visit. Price will be charged as normal upon re-entry to the Aqua Relaxation Rooms. Over 16s only. *£10 off peak Aqua Relaxation Rooms price.

Groups of over 10 receive 10% discount, over 20 receive 15% discount.

This is off packages and Aqua Relaxation Rooms only. Must be booked in advance.

Massage

Aromatherapy back massage 25 minutes £35
Back, neck and shoulder massage using a blend of fine aromatherapy oils.

Tranquillity scalp massage 25 minutes £33
Includes the neck and shoulder area to relieve tension and stress.

Full body massage 55 minutes £55
Choose from relaxing to invigorating.

Elemis deep tissue full body massage 55 minutes £60
A firm massage including lime foot cleanse and body brush.

Elemis deep tissue back massage 25 minutes £37
A firm massage for the back including lime foot cleanse and body brush.

Elemis absolute spa ritual 1 hr 45 minutes £95
The world-renowned ultimate in pampering treats for face and body.

Elemis aroma stone massage 55 minutes £80
Warm Basalt stones combined with a massage of warm oils to melt away tensions.

Facials

Clarins facials
Face & eye refresher 25 minutes £35
Freshens and smoothes the face and eye area.

Aromatic balancer 45 minutes £40
Whatever your skin condition this customised treatment will rebalance and coax it back to blooming. Choose from: Hydra Quench for dehydrated skin, Multi Active for 30+, Extra firming for 40+, Super restorative for 50+, Truly matte for combination/oily skin, Gentle for sensitive skin.

Clarins youth booster 1 hr 10 minutes £65
Richly replenishes mature skin leaving it velvety-smooth and youthfully radiant.

£18.50* Skin firmer 1 hr 10 minutes £65
Restores deep-down youthful firmness and luminosity using Clarins products.

Thirsty skin soother 1 hr 10 minutes £65
Delivers a moisture rush to dehydrated or sensitive skin.

Radiance ritual 1 hr 10 minutes £65
An immediate radiance and vitality boost for dull, tired looking skin.

Oily skin rescuer 1 hr 10 minutes £65
Regulates excess oiliness and rescues oily and combination skin from breakouts.

Elemis facials

Taster facial 25 minutes £35
Revitalizing facial using Elemis products.

Skin specific facial 45 minutes £59
A therapeutic deep cleansing facial specific to your skin's needs.

Skin solutions facial 55 minutes £65
An advanced booster facial, choose from Oxygen skin calm or S.O.S purifying.

Visible brilliance facial 55 minutes £65
A superior treatment to smooth, sculpt and restore radiance and plumpness.

Tri-enzyme facial 55 minutes £65
A ground breaking facial which will peel away the years for smoother, more radiant skin.

Pro-collagen quartz lift facial 55 minutes £65
Anti-wrinkle facial – proven results
This anti-wrinkle facial is clinically proven to reduce wrinkles and improve skin firmness, after just one treatment.

Elemis face and body sensation 55 minutes £65
Ice-cool thermal muscle massage with exceptional anti-ageing facial results.

Body treatments

Invigorating body exfoliation 25 minutes £32
An exotic exfoliation ritual to leave the skin feeling clean, renewed and refreshed.

Clarins fruit & salt scrub with detox wrap 1 hr 30 minutes £70
A combined experience of exfoliation and choice of relaxing, revitalizing or contouring detox wrap.

Exotic lime and ginger salt glow 25 minutes £35
A body exfoliation ritual to invigorate and revitalise the body.

For more information on the treatments and packages available visit altontowers.com or call 0871 702 7043 to book.

Elemis coconut and milk ritual wrap 55 minutes £65
Full body wrap using a traditional Balinese recipe of coconut, spices and lavender.

Elemis aroma spa ocean wrap 1 hr 10 minutes £70
Relax aching muscles or detoxify to suit your needs, with body brush and mask.

Clarins figure shaper 1 hr 10 minutes £65
Intensive stimulation treatment refines the appearance of skin.

Clarins anti-ageing special 1 hr 10 minutes £65
A youth-boost for skin which helps nourish and smooth skin tone.

Clarins aromatic body balancer 55 minutes £60
Aromatherapy massage and a real must for out-of-condition skin. Choose from:
Relax to de-stress, Tonic for toning and firming, Contour for detoxing.

Clarins aromatic polisher 40 minutes £35
Exfoliation to boost circulation, smooth and nourish skin.

Elemis body sculpting cellulite and colon therapy 45 minutes £60
Aimed to target stubborn cellulite and sagging skin, for visible, rapid results to redefine and smooth your silhouette.

Elemis nurturing mum's to be 55 minutes £65
Massage adapted to each stage of pregnancy.

Clarins mum's to be 1 hr 10 minutes £65
Pampering face & body treatment.

Reflexology 55 minutes £55
A holistic foot treatment using acupressure to rebalance energy and reduce stress and ill health.

Around the World 1 hr 30 minutes £130
Unique all over face and body treatment incorporating exfoliation and massage.
The treatment will be carried out by 2 therapists in unison. Choose from:

- Eastern - Thai massage using stone techniques
- European - Swedish massage
- Caribbean - Hawaiian wave massage movements with coconut and lime essential oils
- Arctic - This cool treatment helps improve circulation using eucalyptus

Treatments for two

Serial steam and clay treatment for two 55 minutes £45
Indulge together in this relaxing DIY clay and mud treatment. Price is for one or two people.

Spa bliss (for females 11 years and over) 55 minutes £45
A mini facial followed by a light application of 'i.d. bareMinerals' make-up plus a file and polish (hands) finished with your chosen colour. £45 is per person. Alternatively we offer this treatment as a Mother and Daughter package for £80.

Men's treatments

These are the most popular men's treatments but all other treatments are available.

Elemis deep tissue back massage 25 minutes £37
Back, neck and shoulder massage using a blend of fine aromatherapy oils.

Gentlemen's Club – hand and nail treatment 55 minutes £30

Elemis skin intelligence facial for men 55 minutes £65
Choose between Urban cleanse or Anti-ageing IQ.

Executive foot care for men 55 minutes £30

Elemis deep tissue full body massage 55 minutes £60
A firm massage including lime foot cleanse and body brush.

Essentials

i.d. bareMinerals make up application 25 minutes £20
Using pure mineral cosmetics for flawless skin.

File and polish (hands or feet) 25 minutes £20
'A tidy up' and application of colour from our extensive range.

Jessica Nails luxury manicure or pedicure 55 minutes £45
A tailored manicure or pedicure with exfoliation, hand or foot massage and application of nail polish. Nail Art available.

St Tropez 'Ultimate Air' 15 minutes £30
Using the Mist™ applicator for an immediate, sun-kissed glow and stunning results.

We recommend an exfoliation prior to this application. St Tropez exfoliation treatment available for £20 (15 mins).

Guests are required to come prepared for this treatment in loose dark clothing.

Waxing

Bikini wax 15 minutes £15

Underarm wax 15 minutes £10

Full leg wax 45 minutes £25

Half leg wax 25 minutes £15

Lip, chin, etc. 15 minutes £10

Back and chest wax 25 minutes £15

Tints & Shapes

Eyelash or eyebrow tint 15 minutes £10
A 24-hour patch test is recommended prior to tinting to ensure you have no allergic reaction.

Eyebrow shape 15 minutes £10