



## *Kids Menu*

# ONCE UPON A DINNER TIME

### **NUTRITION & ALLERGIES**

Food Allergies and Intolerances – please speak to a member of our staff about ingredients in your meal before ordering.

Staff may not be able to offer specific advice or make recommendations beyond the 14 common allergen groups. Please be aware that although every care is taken to prevent cross contamination, foods containing allergens including nuts and gluten are handled in the kitchen / food outlet.



# LITTLE GUESTS

## Mains

Baked beans or garden peas are available as a choice with all kids meals

### Vegetarian sausages and mash (426 kcal) £8.25

Two Quorn vegan sausages with mashed potato, peas and gravy

### Pasta and meatballs (773 kcal) £8.25

Penne pasta with five pork meatballs in tomato and basil sauce served with cheesy garlic bread

### Sausage and mash (517 kcal) £8.25

Two pork sausages with mashed potato, peas and gravy

### Mac and cheese (854 kcal) £7.15

Topped with breadcrumbs & parsley

### Crispy fish fingers (506 kcal) £7.15

Four fish fingers with chips and peas

### Chicken goujons (466 kcal) £7.15

with chips and baked beans

### Quorn nuggets (456 kcal) £7.15

with chips and baked beans

### Windmill beef burger (786 kcal) £8.80

Served in a brioche style bun topped with Monterey Jack cheese with chips and baked beans or garden peas

Please ask your server if you wish to change any of the side dishes.

## Pizza Factory

Select an 8" base and add up to 4 toppings from the list below:

### Bases

#### Standard Base (553 kcal) £8.80

topped with tomato sauce and finished with grated mozzarella

#### NGI Base (810 kcal) £8.80

topped with tomato sauce and finished with grated mozzarella (vegan mozzarella available on request)

#### Vegan Base (522 kcal) £8.80

topped with tomato sauce and finished with grated vegan mozzarella

### Toppings

Pineapple  (9 kcal) 20p

Mushrooms  (2 kcal) 25p

Sweetcorn  (11 kcal) 15p

BBQ chicken (19 kcal) 75p

Tomato slices  (4 kcal) 20p

Ham (10 kcal) 55p

Pepperoni (43 kcal) 65p

Vegan & non gluten ingredients available

## Desserts All £4.40

### Chocolate brownie (360 kcal)

with vanilla ice cream and chocolate sauce

### Eton mess (420 kcal)


Strawberries and cream with crushed meringue and strawberry sauce

### Jelly & ice cream (260 kcal)

Strawberry jelly, vegan vanilla ice cream and mini marshmallows

### Ice cream selection

2 scoops of ice cream from -

Carte D'Or Chocolate Brownie (81 kcal), Carte D'Or Gelateria Strawberry (62 kcal), Carte D'Or Gelateria Vanilla (67 kcal) or Vegan Vanilla Ice Cream  (137 kcal)

Adults need around 2000 Kcal per day

 = Vegetarian  = Vegan  = non gluten ingredients